



APDOQ

**ANNUAL
NEWSLETTER
2024**



In Tribute to Dr. Arshad Hussain: *A Legacy of Leadership and Vision*

In honor of our late ex-president, Dr. Arshad Hussain, we dedicate this AGM and newsletter to his remarkable legacy. As a co-founder of APDOQ, his vision and commitment have profoundly shaped our community. We will carry his spirit forward, ensuring his dreams continue to inspire us.



Dr Arshad Hussain's son Arham with his long term friend Dr Shahid Malik.



Message from the President

Dear APDOQ family, As I reflect on this past year, it has been a time of significant transition and growth for APDOQ. Stepping into the role of president after the loss of our esteemed leader Dr Arshad Hussain was both an honor and a challenge. The shoes left behind were immense, but with the unwavering support of our members, we have reorganized and strengthened the foundation of our association. It was not possible without APDOQ team. I would like to extend my heartfelt gratitude to each of you for your contributions, patience, and dedication throughout this period. Your commitment has been the driving force behind our progress, and together, we have laid the groundwork for an even brighter future. To our new members, a very warm welcome! We are excited to have you on board and look forward to your active participation. As an association, we remain committed to offering more educational and networking opportunities that will foster growth, collaboration, and excellence in our profession. Thank you all for your continued support, and here's to another year of success and innovation.

Warm regards,

Dr. Muhammad Ali Shaikh

President, APDOQ



AGM 2024



An enriching evening of camaraderie and connection at the annual APDOQ AGM Family Dinner. It was a gathering of 200 people and one of the biggest APDOQ meeting turnout. It was very encouraging to see our APDOQ family growing.





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About the Team

Please meet our team. Our collective efforts have not only driven success but also fostered an environment of creativity and support.

President - Dr Muhammad Ali Shaikh

Vice President - Dr Muhammed Ali Ismail

General Secretary - Dr Sabeeta Rehman

Treasurer - Dr Shahzad Ali

CME coordinator - Dr Asif Shahzad

Communication Coordinator - Anum Cheema

Committee Members:

Dr Raihan Anwar

Dr Mahnoor Bukhari

Dr Umair Ahmed

Dr Amer Malik

Senior Advisors:

Dr Masroor Alam

Dr Mateen Allahwala

Dr Syed Fasiullah

Dr Mujtaba Ahmad



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Education, Dinner & Awards Night

SPEAKERS



*Dr Sudipta Daly - FACD
Consultant Dermatologist
Eczema, Psoriasis and Mohs Surgery*



*Dr Asif Shahzad - FRACP
consultant Gastroenterologist
Top tips for common GI conditions in General
Practice*



*Dr Jasvinder Singh - MRCPsych, FRANZCP
Consultant Neuropsychiatrist
Mental health integrated community care*

Saturday 18th May 2024

6:30 PM

Calamvale Hotel

678 Compton Road Calamvale, 4116

2 hours CPD POINTS



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EDUCATION, DINNER & AWARDS NIGHT 2024

An evening of celebration and learning at our Education, Dinner, and Awards event!









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Fellowship & AMC Mentorship Program

We are thankful to the following doctors who have volunteered to help others with their license and fellowship exams.

BPT (FRACP) Mentors:

Dr. Muhammad Salah - General Physician

Dr. Asif Shahzad - Gastroenterologist

Dr. Hassan Shahid - Advanced Trainee - Endocrinology

Dr. Nabeel Sheikh - Neurologist

Dr. Kiran Sheikh - Paediatrician

FRACGP Mentors:

Dr. Bushra Asif - FRACGP

Dr. Nazia Begum - FRACGP

Dr. Muhammad Ali Shaikh - FRACGP

Dr. Nidah Malik - FRACGP

FACRRM Mentors:

Dr. Muhammed Ali Ismail - FACRRM

Dr. Asif Shahzad - FRACGP, FACRRM

FRANZCP Mentors:

Dr. Shahzad Ali - FRANZCP

Dr. Adeel Khan - Trainee for FRANZCP

AMC Mentor:

Dr. Maryam Akbar



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FELLOWSHIP AWARDS EVENT

We extend our congratulations to the new fellows who received awards on our fellowship awards event.

1. **Zubair Khan** FRANZCR (Radiology),
FRACP (Nuclear medicine)
2. **Bushra Asif** FRACGP
3. **Maryam Shaikh** - FRACGP
4. **Ghazal Khokhar** - FRACGP
5. **Muhammad Sohail Shahzad** –
FRACGP
6. **Nidah Hassan** - FRACGP
7. **Nazia Begum** - FRACGP
8. **Bushra Mumtaz** - FRACGP
9. **Bushra Mubarak** - FRACGP
10. **Maria Ramzan** - FRACGP
11. **Qirrat Waqqas** FRACGP
12. **Tooba Butt** FRACGP
13. **Huma Aslam** FRACGP



THE UNIVERSITY
OF QUEENSLAND
AUSTRALIA

The South Asian Genes and Health in Australia (SAGHA) study

Interested in the role of **genes** on
heart health?

Want to help **improve healthcare** for
future generations of South Asians
in Australia?

Register your interest to participate
in the **SAGHA Study**.

DID YOU KNOW?

- South Asians **make up ~25%** of world's population **but less than 2%** of genetic study participants
- **Greater South Asian representation in research** will help improve healthcare for future generations of **Australian South Asians**



Registrations
now
OPEN



FOR MORE
INFORMATION VISIT
OUR WEBSITE:
[HTTPS://SAGHAUS.ORG/](https://saghaus.org/)
OR SCAN QR CODE



ELIGIBILITY:

- South Asian ancestry (Indian, Pakistani, Bangladeshi and/or Sri Lankan heritage)
- Living in QLD
- Over the age of 18
- Australian Permanent Residents or Citizens

Contact the research team at sagha@uq.edu.au or Dr Sonia Shah (Project Lead) at sonia.shah@imb.uq.edu.au if you have any questions.





THE SOUTH ASIAN GENES & HEALTH IN AUSTRALIA (SAGHA) STUDY

We are collaborating with the **University of Queensland** to conduct groundbreaking research on assessing *cardiovascular risk in the South Asian population*.

Dr. Sonia Shah delivered an insightful presentation on the SAGHA study during the APDOQ Paediatric Master Class. **Dr. Maleeha** joined her, and together they provided a comprehensive overview.



Dr. Sonia Shah talking to our Paediatric Master Class 2024

PAEDIATRIC MASTER CLASS

TOPICS

- Communication in Paediatrics
- Recognising a sick child
- Developmental milestones & Red flags
- Approach to a febrile child.

WHEN & WHERE



24th August 2024



3.00 - 5.00 pm



Rochedale Lifestyle Centre

120 Kate cct, Rochedale 4123



**DR SYED FASIULLAH
PAEDIATRICIAN**

Registration Required

PAEDIATRIC MASTER CLASS 2024

Dr. Syed Fasiullah, a Consultant Paediatrician and Senior Lecturer at the School of Medicine, Griffith University, presented a lecture on common Paediatric issues in General Practice. He shared his invaluable knowledge and experience on:

- Communication in paediatrics
- Recognising a sick child
- Developmental milestones & Red flags
- Approach to a febrile child





APDOQ ROLE IN REFUGEE HEALTH

APDOQ has an official collaboration with Metro South Health and the Primary Health Network. Through this ongoing collaboration, APDOQ has played a significant role in supporting refugee health services. Together, we have been working to ensure that vulnerable communities, particularly refugees, receive the essential medical care and support they need to transition into their new lives with dignity and health.

Our efforts in this area have been greatly enhanced by the tireless contributions of PACA, and we would like to extend special thanks to Syed Asghar Naqvi and Amber Ali for their exceptional dedication and hard work.

ACKNOWLEDGMENTS

Dr Bushra Asif has received **Mary Mahoney Price** in **RACGP EXAMS**



Dr. Bushra Asif has received the Mary Mahoney Prize in the RACGP Exams. She was also invited to deliver a speech in front of the Queensland Faculty of RACGP, where she shared her inspiring journey to achieving fellowship.

Despite the challenges of being an immigrant and a mother of three beautiful children, Dr. Bushra Asif excelled, securing top marks in the OSCE portion of the RACGP exams. Her dedication, perseverance, and success have made us all incredibly proud.



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Dr. Tasawar Aslam Bhutta, was honored with **the exclusive Global Diaspora Writer of the Year Award 2024.**

Dr. Tasawar Aslam Bhutta was honoured with the exclusive Global Diaspora Writer of the Year Award 2024. Dr. Bhutta, a distinguished thought leader, licensed pilot, bestselling author, and renowned cancer surgeon from Australia, has been recognised for his exceptional contributions to literature and his influential role in bridging cultural divides through his multifaceted career.



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Congratulations to Dr. Daniyal Mian: **First Pakistani Australian Director of Metro South Health**

We congratulate the remarkable achievement of PACA Former President Dr. Daniyal Mian for becoming the first Pakistani Australian & person of color to be appointed as Director of Queensland Government's Metro South Hospital and Health Board.



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What's Next

Save the Date! Join us for the APDOQ AGM and Family Dinner! This is a wonderful opportunity to connect, share ideas, and enjoy a delicious meal with fellow members. *Don't miss out on an evening of camaraderie and inspiration—mark your calendars!*



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ASSOCIATION OF PAKISTANI DOCTORS QUEENSLAND

Save The Date

**APDOQ AGM &
FAMILY DINNER**

FEB

SATURDAY

22

AT 6:30 PM

2025

**Brisbane Convention & Exhibition Centre
South Brisbane**